

## AMENDMENTS TO THE CLAIMS

Please replace all prior versions of the claims with the listings of claims that follows:

### Listing of Claims:

1. (Currently Amended) A portable stand, in particular a portable stand for holding and supporting video cameras, photo-cameras and other optical recording devices, having:  
an oblong basic body;  
a lower handle mounted to the lower end of the basic body by means of a first holding element, wherein said lower handle exhibits a fixing hook which engages a pin-like pin device of said first holding element and said fixing hook exhibits an at least in parts threaded pin-like pin extension for receiving a first forked joint and a fixing screw, said fixing screw is led through a grip surface of said first handle and said first forked joint being pressed onto or released from said first holding element through turning of the grip surface, in such a way that the position of said first handle is adjustable and fixable as desired;  
an upper handle mounted by means of a second holding element between the lower and the upper end of the basic body, wherein said upper handle exhibits a fixing hook engaging a pin-like pin device of said second holding element and said fixing hook has an at least in parts threaded pin-like pin extension for receiving a second forked joint and a fixing screw, wherein said fixing screw is led through a grip surface of said second handle and said second forked joint is pressed onto or released from said second holding element through turning said grip surface, in such a way that the position of said second handle is adjustable and fixable as desired;  
wherein said first and/or second grip surface of said first and/or second handle is detachable through unscrewing the respective fixing screw; and  
a connection plate provided at the upper end of the basic body for receiving the device to be carried.

2. (Currently Amended) The portable stand according to claim 1, wherein the pin-like pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a remote control unit for the video camera, the photo-camera or the other optical recording devices.
3. (Currently Amended) The portable stand according to claim 1 wherein said pin-like pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing a further fixing device for fixing said first and/or said second handle to external elements.
4. (Original) The portable stand according to claim 3, wherein said external element is a plug-in belt bow.
5. (Original) The portable stand according to claim 3, wherein said external element is a base stand.
6. (Currently Amended) The portable stand according to claim 1, wherein the pin-like pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a monitor for the video camera, the photo-camera or the other optical recording device.
7. (Original) The portable stand according to claim 1, wherein the basic body comprises a number of tubular component elements.
8. (Original) The portable stand according to claim 1, wherein said basic body has a telescopic set-up.
9. (Original) The portable stand according to claim 1, wherein said connection plate has a snap or bayonet catch for detachable mounting of the device to be carried.

10. (Original) The portable stand according to claim 1, wherein said first lower handle can be swiveled by 90°.
11. (Original) The portable stand according to claim 1, wherein said second upper handle can be swiveled by 180°.
12. (New) A portable camera support comprising:  
a basic body and a connection plate with upper handle and lower handle, said upper handle being attached to said basic body by a first holding element and said lower handle being attached to said basic body by a second holding element, each said holding element including a pin device, and each said handle including a fixing hook with a threaded extension, a forked joint, a fixing screw and a grip surface on said fixing screw, said fixing screw releasably pressing said forked joint against said holding element;  
wherein at least one of said handles is detachable through unscrewing the respective fixing screw.
13. (New) The portable stand according to claim 12, wherein the pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a remote control unit for the video camera, the photo-camera or the other optical recording devices.
14. (New) The portable stand according to claim 12, wherein said pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing a further fixing device for fixing said first and/or said second handle to external elements.
15. (New) The portable stand according to claim 14, wherein said external element is a plug-in belt bow.
16. (New) The portable stand according to claim 14, wherein said external element is a base stand.

17. (New) The portable stand according to claim 12, wherein the pin extension of said fixing hook of said first and/or said second handle serves for receiving and fixing an adapter for a monitor for the video camera, the photo-camera or the other optical recording device.
18. (New) The portable stand according to claim 12, wherein the basic body comprises a number of tubular component elements.
19. (New) The portable stand according to claim 12, wherein said basic body has a telescopic set-up.
20. (New) The portable stand according to claim 12, wherein said connection plate has a snap or bayonet catch for detachable mounting of the device to be carried.
21. (New) The portable stand according to claim 12, wherein said first lower handle can be swiveled by 90°.
22. (New) The portable stand according to claim 12, wherein said second upper handle can be swiveled by 180°.